



The Well is now virtually open

Near Me

HOW CAN WE HELP YOU?

- We can talk to you about your situation and help you to find solutions by providing tips and tools along with the right information related to your health and wellbeing
- We can also help you find and link in with available community supports where you live.
- We can provide support on the things that matter to you

**FROM 4TH NOVEMBER
EVERY WEDNESDAY AND
THURSDAY
10AM TO 12NOON**

THE WELL NEAR ME ALLOWS YOU TO HAVE A VIDEO CONVERSATION WITH OUR STAFF FROM YOUR OWN HOME.



FOR A VIDEO CALL WITH YOUR FRIENDLY WELL STAFF YOU NEED:

- A reliable internet connection (broadband WiFi or mobile data)
- A device for making video calls (computer with web-camera, tablet or smartphone)
- Chrome or Safari Internet Browser

TO JOIN THE WELL NEAR ME GO TO: WWW.FIFEHEALTHANDSOCIALCARE.ORG/THE-WELL

AND CLICK ON THE NEAR ME BUTTON, THAT WILL JOIN OUR WAITING ROOM AREA WHERE SOMEONE WILL BE WITH YOU SHORTLY.

Due to the high volume of video calls we receive, we might not be able to answer all. If you wish to receive a virtual Well appointment email the Well Coordinator at Aleksandra.Atanasova@fife.gov.uk with your name, phone number and a brief explanation of the topic you wish to discuss.

IF YOU DON'T HAVE ACCESS TO TECHNOLOGY/ INTERNET, PLEASE USE THE COVID COMMUNITY HELPLINE - 0800 952 0330

WORKING TOGETHER TO BETTER SUPPORT PEOPLE TO ACHIEVE WHAT MATTERS TO THEM